

MAKING YOUR 40S FABULOUS

YOUR HORMONES | YOUR LIBIDO | YOUR HEALTH

Join women across Australia
in a free community webcast

Wed 1 September • 6.30 to 8.30pm
ACT Legislative Assembly Reception Room, Civic

Have your questions answered by our
panel of local women's health experts

Listen to women's health experts like **Dr John D'Arcy** (Presenter, *Health Matters*) **Dr Rosie King** (Author, *Good Loving Great Sex*) and **Dr Elizabeth Farrell** (*Gynaecologist*) discuss issues affecting women in their 40s: hormonal changes, physical changes, libido, sleep, emotional health and the importance of maintaining health for the future.



FREE ENTRY INCLUDES INFORMATION PACK - RSVP BY PHONING 6290 2166

Presented in Canberra by

whm!
women's centre for health matters

 **SHFPACT**

Webcast produced by

The Jean Hailes Foundation
for women's health